



# Analysis of risk factors for chronic total occlusion, multi-vessel and trunk of left coronary artery involvement in patients aged over 70 undergoing PCI

Analiza czynników ryzyka przewlekłej całkowitej okluzji, zajęcia wielu naczyń wieńcowych i pnia lewej tętnicy wieńcowej u pacjentów w wieku powyżej 70 lat poddawanych zabiegowi PCI

Jakub Kuciński<sup>1,A-D,F</sup>, Zuzanna Fryska<sup>2,D</sup>, Aleksandra Krawczuk<sup>1,D</sup>, Tomasz Kosowski<sup>3,D</sup>, Klaudia Dadas<sup>4,D</sup>, Karolina Gumieźna<sup>1,D-E</sup>, Mariusz Tomaniak<sup>5,E-F</sup>

<sup>1</sup> Central Clinical Hospital, Warsaw / Medical University, Warsaw, Poland

<sup>2</sup> University Clinical Hospital, Poznań, Poland

<sup>3</sup> Międzyleski Specialist Hospital / Medical University, Warsaw, Poland

<sup>4</sup> Southern Hospital, Warsaw-Ursynów, Poland

<sup>5</sup> I Department and Clinic of Cardiology, Medical University, Warsaw, Poland

A – Research concept and design, B – Collection and/or assembly of data, C – Data analysis and interpretation,

D – Writing the article, E – Critical revision of the article, F – Final approval of article

Kuciński J, Fryska Z, Krawczuk A, Kosowski T, Dadas K, Gumieźna K, Tomaniak M. Analysis of risk factors for chronic total occlusion, multivessel and trunk of the left coronary artery involvement in patients over 70 years old undergoing PCI. Med Og. Nauk Zdr. 2023; 283–289. doi: MONZ-00872-2023-01

## Abstract

**Introduction and Objective.** Percutaneous coronary intervention (PCI) is a non-surgical, invasive procedure used to unblock significantly narrowed coronary arteries in coronary artery disease. Elderly patients who require PCI are often burdened by a medical history. For these patients, percutaneous coronary intervention is a procedure with a significantly increased risk. In addition, several forms of coronary artery disease, such as multi-vessel disease, chronic total occlusion (CTO) or left coronary artery trunk disease, are considered 'high-risk PCI'.

**Materials and method.** An investigator-initiated, retrospective, single-centre study conducted between 11.2020–12.2021 in the 1st Department of Cardiology of the Medical University of Warsaw involving 150 patients over 70 years of age undergoing PCI. The performance of angioplasty, as recommended by the ESC guidelines, depended on the choice of the interventional cardiologist in the case of acute coronary syndrome, or on the decision of the Heart Group in the case of elective procedure, and subject to the patient's informed consent. Exclusion criteria included age <70 years.

**Results.** Comorbidities, such as diabetes, chronic kidney disease, high BMI and male gender, appear to be the main risk factors for complex PCI.

**Conclusions.** The study showed that old age alone was not a significant risk factor for the need for a complex PCI procedure. There were no significant differences in the incidence of left coronary artery trunk disease, multi-vessel disease or chronic total occlusion between the age groups

analysed. However, the group of patients who required 'high-risk PCI' had various co-morbidities, such as type 2 diabetes, chronic kidney disease or a higher BMI score.

## Key words

high-risk PCI, left main artery disease, risk factors for chronic total occlusion, multi-vessel coronary artery disease

## Streszczenie

**Wprowadzenie i cel pracy.** Przeszkórna interwencja wieńcowa (PCI) to niechirurgiczny, inwazyjny zabieg stosowany w celu udrożnienia istotnie zwężonych tętnic wieńcowych w chorobie wieńcowej. Pacjenci w podeszłym wieku, którzy wymagają PCI, są często obciążeni wywiadem chorobowym. W przypadku tych osób przeszkórna interwencja wieńcowa jest zabiegiem o znacznie podwyższonym ryzyku. Ponadto kilka postaci choroby wieńcowej, takich jak: choroba wielonaczyniowa, przewlekła całkowita okluzja (CTO) lub choroba pnia lewej tętnicy wieńcowej, jest uważanych za „PCI wysokiego ryzyka”.

**Materiał i metody.** Zainicjowane przez badacza retrospektywne, jednośrodkowe badanie, przeprowadzone w latach listopad 2020–grudzień 2021 roku w I Katedrze i Klinice Kardiologii Warszawskiego Uniwersytetu Medycznego, obejmowało 150 pacjentów powyżej 70. roku życia poddanych zabiegowi PCI. Wykonanie angioplastyki, zgodnie z wytycznymi ESC, zależało od wyboru kardiologa interwencyjnego – w przypadku ostrego zespołu wieńcowego – lub od decyzji Heart Group – w przypadku zabiegów planowych – i warunkowane było uzyskaniem świadomej zgody pacjenta. Kryteria wykluczenia obejmowały wiek < 70 lat.

**Wyniki.** Choroby współistniejące, takie jak cukrzyca czy przewlekła choroba nerek, a także wysokie BMI i płeć męska wydają się głównymi czynnikami ryzyka złożonego zabiegu PCI.

✉ Address for correspondence: Jakub Kuciński, Central Clinical Hospital in Warsaw, Medical University, Warsaw, Poland

E-mail: kucinski.5@gmail.com

Received: 10.06.2023; accepted: 20.06.2023; first published: 14.07.2023

**Wnioski.** Badanie wykazało, że podeszły wiek nie był sam w sobie istotnym czynnikiem ryzyka skłaniającym do wykonania złożonej procedury PCI. Nie było bowiem istotnych różnic w częstotliwości występowania choroby pnia lewej tętnicy wieńcowej, choroby wielonaczyniowej lub przewlekłej całkowitej okluzji pomiędzy analizowanymi grupami wiekowymi. Jednak grupa pacjentów, którzy wymagali przeprowadzenia „PCI wysokiego ryzyka”, miała różne choroby współistniejące,

takie jak cukrzyca typu 2, przewlekła choroba nerek, czy też cechował ją wyższy wskaźnik BMI.

### Słowa kluczowe

PCI wysokiego ryzyka, choroba pnia lewej tętnicy wieńcowej, czynniki ryzyka przewlekłej całkowitej okluzji, wielonaczyniowa choroba wieńcowa

## INTRODUCTION

Percutaneous coronary intervention (PCI) is most often performed in patients who have certain risk factors for coronary artery disease, such as diabetes, chronic kidney disease, advanced age, or others. Additionally, the term ‘high-risk PCI’ is typically understood as PCI executed whenever a patient presents with specific characteristics of coronary artery disease (CAD), such as multi-vessel disease, chronic total occlusion, or left main coronary artery disease. Lastly, haemodynamic features, including ventricular dysfunction, concomitant valvular disease, and unstable characteristics, may also contribute to this definition [1].

Coronary artery disease is one of the leading mortality factors in the human population. It is mostly caused by atherosclerosis and commonly results from the combination of both environmental features and genetic predisposition. A family history of CAD is a very strong predisposing factor. Other risk factors related not only to CAD development, but also its complications and mortality, are nicotine use, diabetes mellitus (particularly 2nd type diabetes mellitus), hyperlipidaemia, hypertension, obesity, stress, menopause and advanced age. There are studies indicating homocystinuria, hyperhomocysteinaemia, and hyperuricaemia are also connected with atherosclerosis [2, 3]. Pathogenesis contains dysregulation of the inflammatory response, endothelial dysfunction, and lipids accumulation [4].

Multi-vessel coronary artery disease (MVD) is characterized by the narrowing of the luminal diameter of at least 70% in two or more major coronary arteries and is associated with significant mortality risk. At present, coronary artery bypass grafting (CABG) is associated with a lower risk of mortality and a reduced need for repeat revascularization procedures, and is still considered the best approach for most patients with multi-vessel disease [2, 5–6]. MVD is linked to conventional factors associated with atherosclerosis development [7].

Chronic total occlusion (CTO) is 100% stenosis of the artery for at least three months. CTO is associated with a worse prognosis combined with other CAD types. It is suggested that revascularization, despite not showing success in mortality management, is successful in reducing symptoms and improving the quality of life of patients [4, 8].

Risk factors are similar to general CAD predisposing features [4].

Left main coronary artery (LMCA) stenosis is associated with a poor prognosis. Its main common etiology remains atherosclerosis, the risk agents of which have been listed previously. The geometry of the artery is also believed to be significantly linked with atherosclerosis risk – the left coronary artery bifurcation angle, when increased, leads to the development of atherosclerotic plaque in this area [9, 10].

Studies show that men usually suffer from more advanced atherosclerotic lesions than the female gender. Men also tend to be more frequently diagnosed with multi-vessel disease and chronic total occlusion, compared to women. Although LMCA disease occurrence does not differ between genders, women have been diagnosed more frequently with ostial stenosis of the left main coronary artery and right coronary artery [11–13].

As mentioned above, advanced age is an independent unmodifiable risk factor for the development of CAD as well as for performing PCI [1,3]. Nonetheless, the group of older patients (understood as  $\geq 70$  years old) has been under-represented in cardiovascular clinical trials. Understanding the main risk factors in high-risk PCI groups of older adults is crucial to improving outcomes in this population [14].

The main aim of the study was to present high-risk PCI factors in patients over 70 years of age presenting MVD, CTO and LMCA.

## MATERIALS AND METHOD

**Study design.** The study was investigator-initiated, retrospective and single-centre, conducted between 11.2020–12.2021 at the 1st Chair and Department of Cardiology, Medical University of Warsaw, Poland.

**Selection of participants.** Patients  $\geq 70$  years of age, diagnosed with acute or chronic coronary syndrome requiring coronary angioplasty procedure were included in the analysis. Haemodynamically significant stenosis was defined as narrowing of  $\geq 50\%$  of the vessel diameter and assessed by coronary radiography in all patients, in some cases confirmed in intravascular ultrasonography (IVUS) or optical coherence tomography (OCT). Performance of angioplasty, as recommended by the ESC guidelines [8], depended on the choice of the interventional cardiologist for acute coronary syndrome, or on the decision of the Heart Group for elective procedures and informed patient consent. Exclusion criteria were  $<70$  years of age.

**Clinical data collection and treatment.** Data were collected from the registry and database of patients undergoing coronary angiography and PCIs in the haemodynamics laboratory during the index hospitalization. Samples for laboratory tests were collected on admission, and analysis of the tests was performed in the unit according to standard procedures. All patients underwent coronarography and PCI via femoral, radial, subclavian, or carotid access. The procedures were performed by an interventional cardiologist in a hybrid operating room. All patients continued their indicated treatment by the treating physician before

admission, and received standard treatment afterwards, according to the guidelines.

**Stratification.** The analyzed population was stratified based on nominal variables. High risk procedure was defined as presence of at least one feature – chronic total occlusion (complete or nearly complete blockage of one or more coronary arteries), multi-vessel coronary artery disease (defined as luminal stenosis of at least 70% in at least two major coronary arteries, or in one coronary artery, in addition to a 50% or greater stenosis of the left main trunk) and left main trunk disease (a significant stenosis (>50%) of the left main coronary artery). The existence was then assessed of statistically significant differences between subgroups.

**Statistical analysis.** Statistical analyses were performed using SPSS version 28.0. Distribution of the numerical data was assessed using the Kolmogorov-Smirnov test followed by the unpaired T-student or U-Mann-Whitney test, as appropriate. Differences between categorical variables were assessed by Chi-square or Fischer exact tests, as appropriate. Adjusted logistic regression was performed for variables with  $P < 0.05$  together with gender, BMI category (BMI<25 or BMI≥25) and age. Two-sided P-value < 0.05 was considered significant.

## RESULTS

A total of 150 patients with a mean age of  $77.47 \pm 4.34$  and a mean BMI of  $27.47 \pm 4.34$  were included. High-risk PCI was performed on 60 patients. There were significantly more men (47–78.3% vs 51–56.7%;  $p=0.006$ ) and bifurcations (18–30.0% vs 4–4.4%) among patients undergoing high-risk PCI (Fig. 1). OR for men – 2.765 (95%CI:1.316–5.808;  $p=0.007$ ), and for BMI≥25, OR=0.830 (95%CI:0.407–1.694;  $p=0.609$ ). These patients had significantly lower median glucose levels at baseline (108.0, IQR=95.75–131.0 vs 120.5, IQR=105.0–158.5;  $p=0.034$ ), however, the DM frequency did not differ significantly (24–40.0% vs 28–31.1%;  $p=0.262$ ). They also had significantly lower median neutrophil (5.43, IQR=3.73–7.08 vs 6.24, IQR=4.07–9.28;  $p=0.029$ ) and higher median potassium levels (4.43, IQR=4.19–4.79 vs 4.19, IQR=3.97–4.67;  $p=0.010$ ). More contrast volume was used during the procedure for patients undergoing high-risk PCI, and the fluoroscopy time was also longer.

Age subgroup analysis revealed no difference in the frequency of high-risk PCI (Fig. 1). On adjusted logistic regression including gender, BMI, age, glucose, and neutrophil/lymphocyte ratio, none of the covariates were significantly associated with high-risk PCI.

A separate analysis for each component of the high-risk PCI is shown in Figure 2. Patients with chronic total occlusion more frequently had DM2 (12–57.1% vs 40–31.0%;  $p=0.020$ ) or CKD (11–52.4% vs 33–25.6%;  $p=0.012$ ) and had higher mean BMI ( $29.52 \pm 4.61$  vs  $27.14 \pm 4.22$ ;  $p=0.019$ ) than patients without this complication. There was no significant difference in DM2 or BMI≥25 frequency between patients with multi-vessel disease and one-vessel disease; however, the median glucose level was lower (107.0, IQR=96.0–121.0 vs 120.0, IQR=105.0–157.0;  $p=0.031$ ), whereas bifurcation frequency was higher (17–42.5% vs 5–4.5%;  $p<0.001$ ).

Patients who underwent PCI of the left main coronary

artery had a significantly higher median level of urea (51.5, IQR=48.5–66.8 vs 41.0, IQR=30.0–55.0;  $p=0.005$ ). There were no differences in the frequency of any of the left main disease, multi-vessel disease, or chronic total occlusion between the age groups (Fig. 2).

## DISCUSSION

High-risk PCI in the group of patients over 65 years is associated with higher mortality and MACCE ratio, compared to younger patients [16]; therefore, it is important to know about the factors predicting this type of procedure. Pre-procedural awareness of the higher risk of having to perform a complex procedure may potentially contribute to more prudent management of the contrast agent, which is used in much larger quantities during this intervention. Therefore, the main objective of the study was to compare patients requiring complex PCI versus those with non-complex procedures in different age groups, and to identify the associated factors. The study showed that elderly patients do not have a higher risk for the need of complex PCI. However, the high-risk procedure was more frequent among men. Currently, there is no universal definition of complex or high-risk PCI and researchers use different criteria. The current study focused on characteristics related to the procedure itself, such as the number of vessels or the coronary anatomy, without considering the general characteristics of the patients.

For some time, research has been on-going to determine the best treatment method (CABG vs PCI) for the left main disease, which has provided a great deal of data on the occurring frequency among different age groups. It is inconclusive whether older age is associated with the left main artery disease, and the results obtained in the current study did not present a trend in an increase in its occurrence among older patients [17, 18, 27].

Analysis of the results of the current study showed that patients treated for left main artery disease had significantly higher median levels of urea. The machine-learning approach revealed that its level may be crucial in predicting chronic kidney disease in a group of older patients [19], which is known to have an impact on higher cardiovascular risk. This may be a point for future research, to investigate whether baseline urea level in this group of patients may predict future left main disease occurrence, or the association with the long-term outcomes in patients in whom it is already present.

Chronic total occlusion in the elderly co-occurs more frequently with other high-risk diseases, such as three-vessel disease or left main disease, compared to the younger population [20]; however, data showed that the older group can better benefit from this type of intervention [21, 22]. The current study showed that its frequency does not vary between age groups, but patients with concomitant diseases, such as DM2 and CKD or with higher mean BMI, are more prone to being at risk. This can be associated with the changes occurring at the vessel or plaque level in these diseases which favour the progress of the plaques leading to complete blockage of the vessel.

An unexpected finding was that none of the lipidic indicators was associated with a later performance of high-risk PCI, or the occurrence of any of the individual components from this term. This was contrary to other published studies.

**Table 1.** A results of a comparative analysis between HighRisk & nonHighRisk patients

	Non-HighRisk (n=90)	HighRisk (n=60)	p				
x	51 (56.7%)	47 (78.3%)	0.006	SGLT2 inhibitors	4 (4.4%)	7 (11.7%)	0.117
Scheduled hospital admission	37 (41.1%)	29 (48.3%)	0.383	Loop diuretic	48 (53.3%)	29 (48.3%)	0.548
BMI>25	65 (72.2%)	41 (68.3%)	0.608	NSTEMI	28 (31.1%)	18 (30.0%)	0.885
LM treat	0	19 (31.7%)	<0.001	Weight			0.328
LAD	36 (40.0%)	34 (56.7%)	0.045	BMI			0.679
DG	0	16 (26.7%)	<0.001	Age			0.538
LCX	13 (14.4%)	21 (35.0%)	0.003	EF			0.724
MG	5 (5.6%)	10 (16.7%)	0.026	AcT			0.751
RCA	32 (35.6%)	12 (20.0%)	0.040	Fluoroscopy exposure			0.006
Multivessel	0	40 (66.7%)	<0.001	Contrast volume			0.006
Bifurcation	4 (4.4%)	18 (30.0%)	<0.001	CRP			0.479
STEMI	19 (21.1%)	9 (15.0%)	0.347	Cholesterol			0.115
HT	84 (93.3%)	54 (90.0%)	0.544	D-Dimer			0.940
DM	28 (31.1%)	24 (40.0%)	0.262	Fibrinogen			0.091
Hyperlipidaemia	55 (61.1%)	43 (71.1%)	0.183	Glucose			0.034
HF	35 (38.9%)	32 (53.3%)	0.081	%HbA1C			0.718
CKD	23 (25.6%)	21 (35.0%)	0.213	HDL			0.389
TIA	1 (1.1%)	0	1.000	INR			0.845
PAD	5 (5.6%)	5 (8.3%)	0.522	Creatinine			0.688
CAD	6 (6.7%)	4 (6.7%)	1.000	LDL			0.174
Past Smoker	29 (32.2%)	15 (25.0%)	0.341	Urea			0.222
Prev MI (myocardial infarction)	24 (26.7%)	24 (40.0%)	0.086	NT-proBNP			0.840
ASA	77 (85.6%)	53 (88.3%)	0.624	Potassium			0.010
Kłopi	66 (73.3%)	42 (70.0%)	0.656	Sód			0.558
Tika	16 (17.8%)	14 (23.3%)	0.405	Triglycerides			0.607
Statin	79 (87.8%)	54 (90.0%)	0.674	Troponin			0.363
B-Blocker	71 (78.9%)	51 (85.0%)	0.347	WBC			0.054
ACEI/ARB	73 (81.1%)	54 (90.0%)	0.139	RBC			0.753
Calcium Blocker	29 (32.2%)	25 (41.7%)	0.238	HGB			0.521
Insuline	11 (12.2%)	6 (10.0%)	0.674	PLT			0.616
Metformin	16 (17.8%)	15 (25.0%)	0.285	MPV			0.492
				Neutrofil			0.029
				Lymphocyte			0.168

LM – left main coronary artery; LAD – left anterior descending; DG – diagonal branch; LCX – left circumflex artery; MG – marginal branch; RCA – right coronary artery; HT – hypertension; DM – diabetes mellitus; HF – heart failure; CKD – chronic kidney disease; TIA – transient ischemic attack; PAD – peripheral artery disease; CAD – coronary artery disease; BMI – body mass index

## CONCLUSIONS

The high-risk PCI becomes more frequent as patients with multiple co-morbidities and complicated coronary status are often disqualified from surgical treatment. The rapid development of percutaneous methods, materials used in these procedures, and wide range of pharmacotherapeutic strategies, make it beneficial to qualify these patients for percutaneous treatment. The problem of complex vascular anatomy can also be partially solved by new imaging techniques, such as intravascular ultrasound and optical coherence tomography, which, however, makes the procedure much longer. The current study shows that patients with more complex procedures received both higher doses of contrast and greater fluoroscopy exposure. This may not be seem surprising, but may be a burden to later recovery and

should be closely watched, especially in patients with co-morbidities, such as kidney failure. Planning of the procedure and assessment of the plaque and stent positioning should be performed with the highest possible precision, using the available tools in the high-risk PCI group, as their prognosis is worse than that patients with non-complex PCI [23, 24].

Research to date has not confirmed that mechanical circulatory support in patients with complex PCI will be beneficial [25, 26]. However, the studies have mainly focused on intra-aortic balloon counter-pulsation, and no firm conclusions can be made about other methods of support.

## Disclaimer and declaration

The study did not received any specific grant from any funding agency in the public, commercial or non-profit sector. The authors declare no conflicts of interest.

**Table 2.** A results of a comparative analysis between Chronic Total Occlusion (CTO) & Multivessel characteristic

I	nCTO (n=131)	CTO (n=19)	P	II	nMultivessel (n=110)	Multivessel (n=40)	P
Gender	83 (64.3%)	15 (71.3%)	0.527	Gender	68 (61.8%)	30 (75%)	0.134
Scheduled hospital admission	55 (42.6%)	11 (16.7%)	0.404	Scheduled hospital admission	50 (45.5%)	24 (40.0%)	0.552
BMI>25	88 (68.2%)	18 (85.7%)	0.608	BMI>25	83 (75.5%)	23 (57.5%)	0.033
LM treat	19 (14.5%)	2 (10.5%)	1.000	LM treat	3 (2.7%)	16 (40.0%)	<0.001
LAD	60 (46.5%)	10 (47.6%)	1.000	LAD	42 (38.2%)	28 (70.0%)	<0.001
DG	13 (10.1%)	3 (14.3%)	0.472	DG	1 (0.9%)	15 (37.5%)	<0.001
LCX	29 (22.5%)	5 (23.8%)	1.000	LCX	17 (15.5%)	17 (15.5%)	<0.001
MG	14 (10.9%)	1 (4.8%)	0.696	MG	6 (5.5%)	9 (22.5%)	0.004
RCA	38 (29.5%)	6 (28.6%)	0.934	RCA	36 (32.7%)	8 (20.0%)	0.130
Multivessel	36 (27.9%)	4 (19.0%)	0.395	Bifurcation	5 (4.5%)	17 (42.5%)	<0.001
Bifurcation	18 (14.0%)	4 (19.0%)	0.515	STEMI	20 (18.2%)	8 (20.0%)	0.800
STEMI	26 (20.2%)	2 (9.5%)	0.368	HT	102 (92.7%)	46 (90.0%)	0.586
HT	119 (92.2%)	19 (90.5%)	0.676	DM	40 (36.4%)	12 (30.0%)	0.469
DM	40 (31.0%)	12 (57.1%)	0.020	Hyperlipidaemia	71 (64.5%)	27 (67.5%)	0.737
Hyperlipidaemia	81 (62.8%)	17 (81.0%)	0.105	HF	47 (42.7%)	20 (50.0%)	0.428
HF	54 (41.9%)	13 (61.9%)	0.087	CKD	33 (30.0%)	11 (27.5%)	0.766
CKD	33 (25.6%)	11 (52.4%)	0.012	Stroke	12 (10.9%)	4 (10.0%)	0.873
Stroke	14 (10.9%)	2 (9.5%)	1.000	TIA	1 (0.9%)	0 (0.0%)	1.000
TIA	1 (0.8%)	0	1.000	PAD	6 (5.5%)	4 (10.0%)	0.324
PAD	7 (5.4%)	3 (14.3%)	0.148	CAD	8 (7.3%)	2 (5.0%)	1.000
CAD	7 (5.4%)	3 (14.3%)	0.148	Past Smoker	35 (31.8%)	9 (22.5%)	0.268
Past Smoker	39 (30.2%)	16 (23.8%)	0.549	Prev MI	33 (30.0%)	15 (37.5%)	0.384
Prev MI	38 (29.5%)	10 (47.6%)	0.098	Weight	n		0.529
Weight	n		0.035	BMI	n		0.056
BMI	n		0.019	Age			0.895
Age			0.950	EF			0.941
EF			0.765	CRP			0.801
CRP			0.732	Cholesterol			0.961
Cholesterol	n		0.444	Glucose			0.031
Glucose			0.908	%HbA1C			0.630
%HbA1C			0.427	HDL	n		0.744
HDL			0.673	Creatinine			0.820
Creatinine			0.343	LDL			0.904
LDL			0.175	Urea			0.561
Urea			0.616	NT-proBNP			0.962
NT-proBNP			0.593	Triglicerydes			0.977
Triglicerydes			0.726	RBC			0.727
RBC			0.900	HGB	n		0.286
HGB	n		0.343	PLT			0.375
PLT			0.681	MPV	N		0.089
MPV	n		0.762				

**Table 3.** Analysis of the results of the relationship between nonLMTreat & LMTreat patients

	nLMTreat (n=131)	LMTreat (n=19)	P
Gender	81 (61.8%)	17 (89.5%)	0.018
Scheduled hospital admission	54 (41.2%)	12 (63.2%)	0.072
BMI>25	92 (70.2%)	14 (73.7%)	0.757
LAD	59 (47.2%)	11 (44.0%)	0.770
DG	12 (9.6%)	4 (16.0%)	0.309
LCX	28 (22.4%)	6 (24.0%)	0.862
MG	14 (11.2%)	1 (4.0%)	0.468
RCA	38 (30.4%)	6 (24.0%)	0.521
Multivessel	26 (20.8%)	14 (56.0%)	<0.001
Bifurcation	15 (12.0%)	7 (28.0%)	0.059
STEMI	22 (17.6%)	6 (24.0%)	0.573
HT	121 (92.4%)	17 (89.5%)	0.664
DM	48 (36.6%)	4 (21.1%)	0.182
Hyperlipidaemia	83 (63.4%)	15 (78.9%)	0.182
HF	58 (44.3%)	9 (47.4%)	0.800
CKD	38 (29.0%)	6 (31.6%)	0.818
Stroke	15 (11.5%)	1 (5.3%)	0.695
TIA	1 (0.8%)	0	1.000
PAD	7 (5.3%)	3 (15.8%)	0.116
CAD	8 (6.1%)	2 (10.5%)	0.616
Past Smoker	41 (31.3%)	3 (15.8%)	0.165
Prev MI	39 (29.8%)	9 (47.4%)	0.124
Weight	N		0.291
BMI	n		0.741
Age			0.852
EF			0.837
CRP			0.907
Cholesterol	n		0.302

  

	Glucose	0.009
	%HbA1C	0.719
	HDL	n
	0.354	
	Creatinine	0.308
	LDL	n
	0.502	
	Urea	0.005
	NT-proBNP	0.862
	Triglicerydes	0.912
	RBC	0.455
	HGB	0.179
	PLT	0.616

  

Comparison between age groups (materials to Fig. 1)?				
	<75	<80	>=80	P
High Risk	27 (45.0%)	17 (28.3%)	16 (26.7%)	0.206

  

CTO x Age Categories (materials to Fig. 2)?		
	CTO	P=0.349
<75	9 (13.4%)	
<80	7 (21.2%)	
>=80	5 (10.0%)	

  

LM treat x Age categories		
	LM Treat	P=0.780
<75	9 (13.4%)	
<80	3 (9.1%)	
>=80	7 (14.0%)	

  

Multivessel & Age categories		
	Multi-vessel	P=0.610
<75	17 (25.4%)	
<80	11 (33.3%)	
>=80	12 (24.0%)	

## REFERENCES

- De Marzo V, D'amario D, Galli M, Vergallo R, Porto I. High-risk percutaneous coronary intervention: how to define it today? *Minerva Cardioangiol.* 2018 Oct;66(5):576–593.
- Bharath R, Nair KKM, Gupta D, Vijayan R. Assessment of Lewis negative phenotype as a risk factor for multivessel disease in patients with acute coronary syndrome. *Transfus Clin Biol.* 2022 May;29(2):129–133.
- Malakar AK, Choudhury D, Halder B, Paul P, Uddin A, Chakraborty S. A review on coronary artery disease, its risk factors, and therapeutics. *J Cell Physiol.* 2019 Aug;234(10):16812–16823. doi: 10.1002/jcp.28350. Epub 2019 Feb 20.
- Hafeez Y, Varghese V. Chronic Total Occlusion Of The Coronary Artery. [Updated 2023 Feb 5]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan
- Bryer E, Stein E, Goldberg S. Multivessel Coronary Artery Disease: The Limitations of a “One-Size-Fits-All” Approach. *Mayo Clin Proc Innov Qual Outcomes.* 2020 Nov 5;4(6):638–641.
- Lawton JS, Tamis-Holland JE, Bangalore S, Bates ER, Beckie TM, Bischoff JM, Bittl JA, Cohen MG, DiMaio JM, Don CW, Fremes SE, Gaudino MF, Goldberger ZD, Grant MC, Jaswal JB, Kurlansky PA, Mehran R, Metkus TS Jr, Nnacheta LC, Rao SV, Sellke FW, Sharma G, Yong CM, Zwischenberger BA. 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization: Executive Summary: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation.* 2022 Jan 18;145(3):e4–e17. doi: 10.1161/CIR.0000000000001039. Epub 2021 Dec 9. Erratum in: *Circulation.* 2022 Mar 15;145(11):e771.
- Cantarelli MJC, Castello Jr HJ, Gonçalves R, Gioppato S, Guimarães JBF, Ribeiro EKP, Vardi JCF, Maksud D, Navarro EC. Independent predictors of multivessel coronary artery disease: results from Angiocardio Registry. *Rev Bras Cardiol Invasiva (English Edition),* 23(4), 266–270. October-December 2015.
- Bardaji A, Rodriguez-López J, Torres-Sánchez M. Chronic total occlusion: To treat or not to treat. *World J Cardiol.* 2014 Jul 26;6(7):621–9.
- Chikwe J, Kim M, Goldstone AB, Fallahi A, Athanasios T. Current diagnosis and management of left main coronary disease. *Eur J Cardiothorac Surg.* 2010 Oct;38(4):420–8.
- Zhang DQ, Xu YF, Dong YP, Yu SJ. Coronary computed tomography angiography study on the relationship between the Ramus Intermedius and Atherosclerosis in the bifurcation of the left main coronary artery. *BMC Med Imaging.* 2023 Apr 11;23(1):53.
- Kałużna-Oleksy M, Skorupski WJ, Grygier M, Araszkievicz A, Skorupski W, Grajek S, Mitkowski P, Pyda M, Lesiak M. A Personalized Approach to Percutaneous Coronary Interventions in the Left Main Coronary Artery-Is the Female Gender Associated with Worse Outcomes? *J Pers Med.* 2021 Jun 20;11(6):581.
- Yildirimtürk O, Cansel M, Erdim R, Ozen E, Demiroglu IC, Aytekin V. Coexistence of left main and right coronary artery ostial stenosis: demographic and angiographic features. *Int J Angiol.* 2011 Mar;20(1):33–8.
- Chiha J, Mitchell P, Gopinath B, Plant AJH, Kovoov P, Thiagalingam A. Gender differences in the severity and extent of coronary artery disease. *Int J Cardiol Heart Vasc.* 2015 Jul 30;8:161–166.
- Madhavan MV, Gersh BJ, Alexander KP, Granger CB, Stone GW. Coronary Artery Disease in Patients ≥80 Years of Age. *J Am Coll Cardiol.* 2018 May 8;71(18):2015–40.

15. Gul F, Parekh A. Multivessel Disease. [Updated 2023 Feb 8]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan
16. Shamkhani W, Rashid M, Mamas M. Complex, high risk percutaneous coronary intervention types, trends, and in hospital outcomes among different age groups: An insight from a national registry. *Catheter Cardiovasc Interv.* 2022 Nov 1;100(5):711–720.
17. Masafumi O, Serruys PW, Hara H, Kawashima H, Gao C, Wang R, Takahashi K, O'Leary N, Wykrzykowska JJ, Sharif F, Piek JJ, Garg S, Mack MJ, Holmes DR, Morice MC, Head SJ, Kappetein AP, Thuijs DJFM, Noack T, Davierwala PM, Mohr FW, Cohen DJ, Onuma Y. 10-Year Follow-Up After Revascularization in Elderly Patients With Complex Coronary Artery Disease. *Journal of the American College of Cardiology.* 2021 Jun 8;77(22):2761–2773.
18. Senior R, Reynolds HR, Min JK, Berman DS, Picard MH, Chaitman BR, Shaw LJ, Page CB, Govindan SC, Lopez-Sendon J, Peteiro J, Wander GS, Drozd J, Marin-Neto J, Selvanayagam JB, Newman JD, Thuair C, Christopher J, Jang JJ, Kwong RY, Bangalore S, Stone GW, O'Brien SM, Boden WE, Maron DJ, Hochman JS. Predictors of Left Main Coronary Artery Disease in the ISCHEMIA Trial. *J Am Coll Cardiol.* 2022 Feb 22;79(7): 651–661.
19. Su D, Zhang X, He K, Chen Y, Wu N. Individualized prediction of chronic kidney disease for the elderly in longevity areas in China: Machine learning approaches. *Front Public Health.* 2022 Oct 21;10:998549.
20. Zhang HP, Ai H, Zhao Y, Li H, Tang GD, Zheng NX, Sun FC, Liu JH. Effect of Chronic Total Occlusion Percutaneous Coronary Intervention on Clinical Outcomes in Elderly Patients. *Am J Med Sci.* 2018 Feb;355(2):174–182.
21. Toma A, Gebhard C, Gick M, Ademaj F, Stähli BE, Mashayekhi K, Ferenc M, Neumann FJ, Buettner HJ. Survival after percutaneous coronary intervention for chronic total occlusion in elderly patients. *EuroIntervention.* 2017 Jun 2;13(2):e228–e235.
22. Cui C, Sheng Z. Outcomes of percutaneous coronary intervention for chronic total occlusions in the elderly: A systematic review and meta analysis. *Clin Cardiol.* 2021 Jan;44(1): 27–35.
23. Wang HY, Wang Y, Yin D, Gao RL, Yang YJ, Xu B, Dou KF. Percutaneous Coronary Intervention Complexity and Risk of Adverse Events in relation to High Bleeding Risk among Patients Receiving Drug-Eluting Stents: Insights from a Large Single-Center Cohort Study. *J Interv Cardiol.* 2020;2020: 2985435.
24. Shoaib A, Rashid M, Kontopantelis E, Sharp A, Fahy EF, Nolan J, Townend J, Ludman P, Ratib K, Azam ZA, Ahmad A, McEntegart M, Mohamed M, Kinnaird T, Mamas MA. Clinical Characteristics and Outcomes From Percutaneous Coronary Intervention of Last Remaining Coronary Artery. *Circulation: Cardiovascular Interventions.* 2020 Sep;13(9).
25. Perera D, Stables R, Thomas M, Booth J, Pitt M, Blackman D, Belder Ad, Redwood S. Elective intra-aortic balloon counterpulsation during high-risk percutaneous coronary intervention: a randomized controlled trial. *JAMA.* 2010 Aug 25;304(8):867–74.
26. Curtis JP, Rathore SS, Wang Y, Chen J, Nallamothu BK, Krumholz HM. Use and Effectiveness of Intra-Aortic Balloon Pumps Among Patients Undergoing High Risk Percutaneous Coronary Intervention: Insights From the National Cardiovascular Data Registry. *Circulation: Cardiovascular Quality and Outcomes.* 2012 Jan;5(1):21–30
27. <https://iris.unimore.it/retrieve/handle/11380/791889/171901/914.full.pdf>